BERGVLIET HIGH SCHOOL

LIFE ORIENTATION

Grade 11

November Control Test 2025

100 MARKS

Examiner: Mrs Peters **Moderators: Ms Murphy, Mrs Cloete, and Ms Daniels**

Time: 2 hours

Name:			
Class:		**Teacher:**	**Mu / Cl / Da**

	Compulsory			**Choose 2**			**Achieved**
	Q1 (20)	**Q2 (20)**	**Q3 (20)**	**Q4 (20)**	**Q5 (20)**	**Q6 (20)**	**Total (100)**
Mark Obtained							
Moderated Mark							

INSTRUCTIONS AND INFORMATION

1. This question paper consists of **THREE sections:**

    - **SECTION A** (20 marks) – *Compulsory (Question 1)*
    - **SECTION B** (40 marks) – *Compulsory (Question 2 and Question 3)*
    - **SECTION C** (40 marks) - *Choose TWO Questions*

2. **Answer ALL questions** in Sections A and B.
3. **Answer any TWO questions** in Section C.
4. **Read ALL the questions carefully** before answering.
5. **Number your answers** according to the numbering system used in this question paper.
6. **Write neatly and legibly.**
7. This question paper consists of **9 pages**, and **6 questions.**

ATTACH THE COVER PAGE OF THE QUESTION PAPER TO YOUR ANSWER SHEET.

SECTION A

Answer All the questions in this section.

Question 1

1.1. Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A – D) next to the question number (1.1.1 – 1.1.3) in the ANSWER BOOK, for eg.1.1.4 D.

1.1.1. Goals that have a set period to achieve results are said to be…….

A. Measurable
B. Time Bound
C. Achievable
D. Realistic

1.1.2. Which term does not relate to domestic violence?

A. Homicide
B. Femicide
C. Suicide
D. Pesticide

1.1.3. A Learnership is?

A. Training programme offered at certain institutions of higher learning.
B. Work based programme directly related to a specific field of work.
C. Job opportunity for a student who is about to complete a degree.
D. Study loan provided by companies and does not have to be paid back.

1.1.4. How can genetically modified (GM) foods be a threat to human health?

A. Sometimes traces of chemicals from pesticides and fertilisers are present in the foods we buy, which can cause a health hazard.
B. GM foods have a longer shelf life and shields the expiry date of foods.
C. They may have negative effects on industry, thus the need to use them to boost production.
D. They are made through genetic engineering, whereby genes with desired characteristics are inserted into another species.

1.1.5. Recommend a way of avoiding or preventing common illness to members of your community?

A. Boil water first before drinking or cooking.
B. Take good care of your personal hygiene.
C. Cook raw food to destroy any possible contaminants.
D. Practise safe waste disposal methods at home.

(5x1) (5)

1.2. Give ONE word/term for EACH of the following descriptions. Write only the word/term next to the question numbers (1.2.1 to 1.2.4) in the ANSWER BOOK.

1.2.1. A form of abuse of power in the family when another family member sexually abuses a family member.

1.2.2. Humans can cause soil erosion by.

1.2.3. Treating others kindly, showing concern for them and working for the good of the community is called…

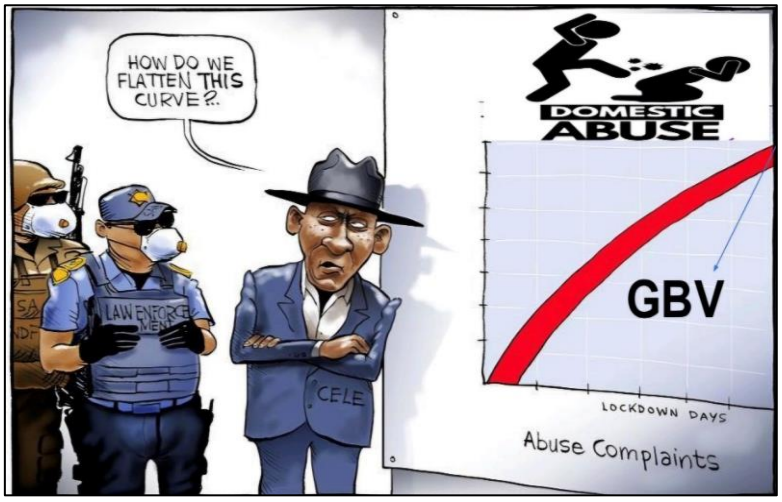
1.2.4. A program where students spend time learning the practical skills of a career in the workplace is called…

1.2.5. Judging people on the basis of untruths and differences.

(5x1) (5)

[10]

1.3 Answer the following questions by writing the answer next to the question numbers (1.3.1 to 1.3.2) in the ANSWER BOOK. Write your answers in full sentences.

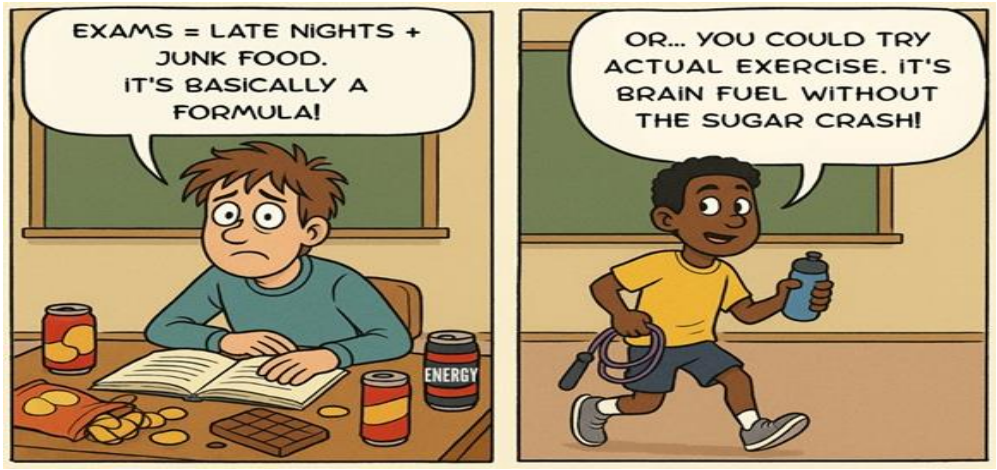


1.3.1 What does power refer to? (1x2) (2)

1.3.2 Explain what domestic violence is. (1x2) (2)

1.3.3 Explain ONE strategy to reduce gender-based violence. (1x2) (2)

1.4 Study the cartoon below and answer the questions that follow. Write your answers in full sentences.



[Image generated by ChatGPT, 12 September 2025, OpenAI, https://chat.openai.com]

1.4.1 Discuss why Grade 11's may consume a lot of junk food during exam periods.

(1 x 2) (2)

1.4.2 Suggest a strategy that learners can implement to encourage themselves to replace high-sugar snacks with healthier options during exam week.

(1 x 2) (2)

[10]

TOTAL SECTION A: 20

SECTION B

Answer ALL the questions in this section. Write your answers in full sentences.

Question 2

Read the extract below and answer the questions that follow.

Teen vapers risk harm to their health

Substance abuse

Vaping is increasingly being recognised as a form of substance abuse, and yet teenagers often underestimate its risks compared to traditional tobacco. Packaged in "fun flavours", vaping products are marketed in ways that influence young people's beliefs about safety and appeal.

Studies have shown that vaping can have a direct impact on physical health. In a survey conducted in 52 South African high schools, many learners reported regular use, with almost half of them vaping within the first hour of waking, pointing to strong nicotine dependence.

The behaviour of one teenager can also influence others. Peer groups often shape attitudes and actions, meaning that one person's vaping habit can spill over and affect their friends. Another concern is that not all teenagers have the same level of literacy, which can affect how they interact with information about vaping.

Because of these challenges, there is a growing need for strategies that help teenagers discourage their friends from vaping. This highlights the importance of taking teenage vaping seriously as a growing health concern. Clearly, more still needs to be done to protect teenagers' health and well-being.

[Adapted from https://www.sasop.co.za Accessed on 12 June 2025]

2.1 Define the term *'substance abuse'* as one of the challenges that teenagers are currently confronted with. (1 x 2) (2)

2.2 Mention TWO ways in which abusing substances like vaping products, whose marketing make them appear trendy, could create unhealthy beliefs about substance abuse.

(2 x 1) (2)

2.3 Provide TWO ways in which substance abuse can negatively affect a teenager's physical health.

(2 x 1) (2)

2.4 Explain TWO ways in which one teenager's substance abuse behaviour could negatively affect their friends.

(2 x 2) (4)

2.5 Discuss TWO ways in which poor literacy might make it harder for some teenagers to avoid the risks of substance abuse, especially vaping.

(2 x 2) (4)

2.6 Suggest TWO possible strategies teenagers could use to help discourage

Their friends from substance abuse. In your answer, also explain how EACH suggestion could make their friend less likely to abuse substances.

(2 x 3) (6)

[20]

Question 3

Read the extract below and answer the questions that follow:

Ethical dilemma: Access to reproductive health care in South Africa

South Africa's **Choice on Termination of Pregnancy Act (1996)** gives people the legal right to have an abortion under certain conditions. However, these decisions often involve ethical dilemmas, as individuals may face difficult moral choices about pregnancy and reproductive health during stressful times. On the contrary, access to healthcare is not equal, as many women and girls, especially those in low socio-economic circumstances, still struggle to reach safe, legal, and dignified services.

At the same time, unequal power between genders can influence whether a woman is truly able to make her own decision about continuing a pregnancy. In many cases, young people feel unsure of where to turn to and may be influenced by peer pressure rather than professional advice. Thus, there is an urgent need for women, especially those from poorer communities, to have access to balanced information about abortion and other options such as adoption, continuing the pregnancy or emotional support. Without this, it becomes harder for individuals to make safe and informed decisions that align with their personal values and circumstances.

[Adapted from: https://verfassungsblog.de/a-promising-future/ Accessed 06 August 2025]

3.1 Define the term *'ethical dilemma'* as it relates to abortion.

(1 x 2) (2)

3.2 Why could unequal access to healthcare make it more likely for those living in low socio-economic circumstances to choose an unsafe abortion?

(2 x 1) (2)

3.3 Explain ways in which unequal power between genders might affect a woman's ability to make her own decision about continuing a pregnancy.

(2 x 3) (6)

3.4 Discuss how peer pressure could influence young girls to take part in risky abortion practices.

(2 x 2) (4)

3.5 Propose TWO ways in which women from low socio-economic backgrounds could access balanced information about abortion. In your answer, also indicate how that could lead to healthier decisions about abortion.

(2 x 3) (6)

[20]

TOTAL SECTION B: 40

SECTION C

Question 4

Study the following image and answer the questions that follow.

Rule of Law: A way to address power imbalances in South Africa



[Accessed from: https://www.dreamstime.com 28 March 2023]

Write paragraphs on how the **rule of law** and how it can protect those experiencing a power imbalance.

Use the following as a guideline.

- Define the term '*rule of law'* and provide THREE ways in which local government adheres to the rule of law when services are rendered to communities. (1 + 3) (4)

- Analyse ways in which traditional social norms surrounding the responsibilities of different genders could lead to power imbalance. (2 x 4) (8)

- Critically discuss how the rule of law could be used to protect those who experience unequal power relations. (2 x 4) (8)

[20]

Question 5

Study the image below and answer the questions that follow.

Olympic football match suspended after fan invasion



Water bottles thrown by Morroco's fans litter the pitch after Argentina scored their second goal before the game was suspended for fan invasion.

[Photo: Arnaud FINISTRE / AFP. 7:21 am on 25 July 2024]

Write paragraphs on **pollution and conduct within sports**.

Use the following as a guideline:

- Define the term '*pollution'* and give THREE negative consequences pollution from sports events can have on our environment. (1 + 3) (4)

- Analyse the impact that littering by spectators at a sports match could have on the performance of the players. (2 x 4) (8)

- Evaluate the impact sports players participating in community service projects that address pollution could have on the nation. (2 x 4) (8)

[20]

Question 6

Study the social media post below and answer the questions that follow.

Studying job advertisement



Glossary:
Hidden job market: job opportunities that are not publicly advertised but are filled through internal hiring, referrals, or direct outreach.

[Adapted from: https://www.distinctiveweb.com/job-search-advice/hidden-job-market/ Accessed on 15 July 2025]

Write paragraphs on **competencies and abilities that will help secure a job**.

Use the following as a guideline:

- State FOUR reasons why a company may choose not to publicly advertise a job. (4 x 1) (4)

- Analyse how an increasing reliance on the hidden job market advertisement could put younger job seekers at a disadvantage.

  (2 x 4) (8)

- Critically discuss how adolescents can start preparing to secure unadvertised positions in the future.

  (2 x 4) (8)

[20]

TOTAL SECTION C: 40

[TOTAL (100 MARKS) = 20 + 40 + 40]